

Resolving clinical stalemates when working with people with intellectual disability

Key actions planning template Multidisciplinary team is not working together

AUTHORS

Janelle Weise, Claire Eagleson, Jenna Zhao, Tahli Hind, Dominique Abagi, and Julian Trollor.

Department of Developmental Disability Neuropsychiatry, Discipline of Psychiatry and Mental Health, Faculty of Medicine and Health, UNSW Sydney

Description of resource

Clinical stalemates can commonly occur when working with people with intellectual disability, especially around diagnosis and suitable treatment. This template provides a guide to reflect on clinical stalemates where a multidisciplinary team is not working together, consider the contributing factors, and develop a plan to resolve the stalemate.

See the [Clinical stalemates](#) section on the [Intellectual Disability Mental Health Connect](#) website for more details.



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Stalemate type

Multidisciplinary team is not working together

Describe the issue

People involved and roles



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Actions to date

Include actions utilised and note what worked/did not work.

Actions	Outcome	Why the action may/may not have worked



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Plan to resolve the stalemate

Steps	Guidance	Notes and plans
<p>01 Consider the contributing factors</p>	<p>Consider for example:</p> <ul style="list-style-type: none"> • complexity of the person's case and number of professionals/services involved • whether a person has a regular GP • involvement of family and support workers • where the person lives i.e. metropolitan area or rural and regional. 	
<p>02 Consider possible key actions</p>	<p>General approaches</p>	
	<p>Review the general approaches on Intellectual Disability Mental Health Connect.</p> <ul style="list-style-type: none"> • Listen to the person and their support networks' concerns. • Seek advice from others. • Keep all parties up to date on actions taken and progress. • Offer ongoing support until the situation is resolved. • Consider the need for additional supports. 	
	<p>Specific approaches</p>	<ul style="list-style-type: none"> • Initiate contact with multidisciplinary team members and openly determine barriers (e.g. lack of time to attend meetings/joint appointments or burden associated with agreed tasks) and discuss potential solutions e.g. use of videoconference. • If confusion/disagreement around roles and responsibilities of services, discuss and renegotiate if necessary. • Initiate a meeting with service providers and outline how working co-operatively can help to meet the needs of the person. See the Team uncertainty or disagreement across the care pathway stalemate for common issues around transitions of care and also the Transfers of care section. • See the Working with the person with intellectual disability and their team section. <p>For a full list of key suggested actions see the Clinical stalemates section.</p>

Plan to resolve the stalemate (CONTINUED)

Steps	Guidance	Notes and plans
<p>03 Decide on actions to take</p>	<p>Depending on the issue, choose appropriate initial actions. Several actions may be required.</p> <p>Consider a timeframe that will be used before deciding whether an action has been successful or not.</p>	
<p>04 Who needs to be involved?</p>	<p>Include who should be involved to achieve the actions and what their role is.</p>	
<p>05 What was the outcome and why?</p>	<p>Evaluate whether actions have resolved/aided progress on the issue.</p> <p>Reflect on why an action worked or did not work.</p>	
<p>06 Are further actions needed?</p>	<p>If the situation has not resolved/no progress, return to Step 2 and consider further actions. Acknowledge this and offer ongoing support to the person and their support networks until the situation is resolved.</p>	