

Legal and financial support



This information is about people and services that can support people with intellectual disability.

It has information on

Page



- Legal support

3



- Financial support

6



- Emergency food

8



There is a lot of information.

Some words can be hard to understand.



You can ask someone to read this information with you.

Legal support



If you need legal help or a lawyer there are services that can help.

Legal help is when you need help with the law.

A **lawyer** is someone who knows about the laws and government rules in Australia.



Laws are a set of rules that everyone must follow.



The Justice Advocacy Service is a free advocacy service.

For more information about the Justice Advocacy Service go to <https://idrs.org.au/jas/>



Advocacy is having your voice heard so your rights and needs are met.

You can have needs in many areas of your life.



Rights are rules about how everybody should be treated fairly.

A right is something everyone has.

The Justice Advocacy Service can

- Give you legal help
- Provide support if you have to go to court



The **courts** are where people decide if someone has broken the law.

The Justice Advocacy Service can help you to

- Know what to expect will happen next



For example if you have to go to court



- Fill in forms

For example forms for the police



The Justice Advocacy Service can also help you to

- Get legal advice from a lawyer



Legal Aid NSW helps people with their legal issues.

Legal Aid NSW can provide legal advice and support at court.

You can

- Call **1300 888 529**
- Go to **<https://www.legalaid.nsw.gov.au/>**



For more services that offer legal support go to **<https://www.idmhconnect.health/people-contact-justice-system/ER>**

Financial support



Financial support means support around money issues.

There are many services that can provide you with financial support.

If you need financial support you can

- Call the National Debt Helpline on **1800 007 007** from 9:30am to 4:30pm

For more information about the National Debt Helpline go to <https://ndh.org.au/>



Debt means that you owe money.

- Use Centrelinks Payment and Service Finder to get support near you

For more information go to https://www.centrelink.gov.au/custsite_pfe/pymtfinderest/paymentFinderEstimatorPage.jsf?wec-appid=pymtfinderest&wec-locale=en_US#stay





If you need financial support you can also

- Call Mob Strong Debt Helpline on **1800 808 488** from 9:30am to 4:30pm if you are a First Nations person

First Nations peoples are the Aboriginal and Torres Strait Islander peoples.



For more information about First Nations peoples go to

<https://www.idmhconnect.health/first-nations-peoples/ER>



For more information about the Mob Strong Debt Helpline go to

<https://financialrights.org.au/mob-strong-debt-help/>

Emergency food



There are groups that can help you get food if you cannot afford to buy it.

Some groups can give you food for free.



If you need food you can

- Call the Salvation Army on **13 72 58**
- Call the St Vincent de Paul Society on **13 18 12**



- Go to **<https://askizzy.org.au/>**
- Go to **<https://serviceproviders.dss.gov.au>**



There are some tricky words in this Easy Read sheet.

For more information about these words go to **<https://www.idmhconnect.health/word-list>**



Who wrote this Easy Read

Janelle Weise, Claire Eagleson, Jenna Zhao, Tahli Hind, Dominique Abagi and Julian Trollor.

Where these people work

Department of Developmental Disability
Neuropsychiatry UNSW Sydney.

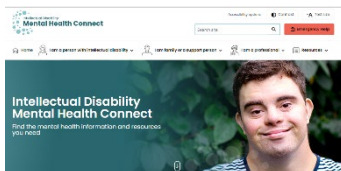


Also known as 3DN.

For more information about who wrote this Easy Read go to <https://idmhconnect.health/who-wrote-easy-read>



The Council for Intellectual Disability reviewed this Easy Read sheet.



The information in this Easy Read sheet is from the <https://idmhconnect.health/> website

For information on how to support people to use Easy Read go to https://www.3dn.unsw.edu.au/professionals_toolkit



© Department of Developmental Disability
Neuropsychiatry UNSW Sydney 27.01.2023 v2

No changes can be made without asking the people who wrote this sheet.