|  |  |  |
| --- | --- | --- |
| **Legal and financial support** | |  |
|  | |  |
| A close-up of a newspaper  Description automatically generated with low confidence | This information is about people and services that can support people with intellectual disability.  It has information on | **Page** |
|  |  |  |
| A picture containing person  Description automatically generated | * Legal support | **3** |
|  |  |  |
|  | * Financial support | **6** |
|  |  |  |
|  | * Emergency food | **8** |
|  |  |  |
| A picture containing graphical user interface  Description automatically generated | There is a lot of information.  Some words can be hard to understand. | |
|  |  | |
| Two people sitting on chairs looking at a cell phone  Description automatically generated with low confidence | You can ask someone to read this information with you. | |
|  |  | |

|  |  |
| --- | --- |
| **Legal support** | |
|  | |
| A picture containing person  Description automatically generated | If you need legal help or a lawyer there are services that can help.  **Legal help** is when you need help with the law.  A **lawyer** is someone who knows about the laws and government rules in Australia. |
|  |  |
|  | **Laws** are a set of rules that everyone must follow. |
|  |  |
| A person in a suit  Description automatically generated with low confidence | The Justice Advocacy Service is a free advocacy service.  For more information about the Justice Advocacy Service go to <https://idrs.org.au/jas/> |
|  |  |
|  | **Advocacy** is having your voice heard so your rights and needs are met.  You can have needs in many areas of your life. |
|  |  |
|  | **Rights** are rules about how everybody should be treated fairly.  A right is something everyone has. |
|  |  |
| A person standing next to a building  Description automatically generated with low confidence | The Justice Advocacy Service can   * Give you legal help * Provide support if you have to go to court   The **courts** are where people decide if someone has broken the law. |
|  |  |
| A picture containing table, desk  Description automatically generated | The Justice Advocacy Service can help you to   * Know what to expect will happen next   For example if you have to go to court |
|  |  |
| A person writing on a piece of paper  Description automatically generated with low confidence | * Fill in forms   For example forms for the police |
|  |  |
| A picture containing person  Description automatically generated | The Justice Advocacy Service can also help you to   * Get legal advice from a lawyer |
|  |  |
|  | Legal Aid NSW helps people with their legal issues.  Legal Aid NSW can provide legal advice and support at court.  You can   * Call **1300 888 529** * Go to <https://www.legalaid.nsw.gov.au/> |
|  |  |
| A person sitting at a table with a computer  Description automatically generated with medium confidence | For more services that offer legal support go to <https://www.idmhconnect.health/people-contact-justice-system/ER> |

|  |  |
| --- | --- |
| **Financial support** | |
|  |  |
| A close-up of some money  Description automatically generated with medium confidence | **Financial support** means support around money issues.  There are many services that can provide you with financial support. |
|  |  |
| A picture containing person, crowd  Description automatically generated | If you need financial support you can   * Call the National Debt Helpline on **1800 007 007** from 9:30am to 4:30pm   For more information about the National Debt Helpline go to <https://ndh.org.au/> |
|  |  |
| A close-up of some money  Description automatically generated with medium confidence | **Debt** means that you owe money. |
| A person sitting at a desk  Description automatically generated with medium confidence | * Use Centrelinks Payment and Service Finder to get support near you   For more information go to [https://www.centrelink.gov.au/ custsite\_pfe/pymtfinderest/ paymentFinderEstimatorPage.jsf? wec-appid=pymtfinderest&wec-locale=en\_US#stay](https://www.centrelink.gov.au/custsite_pfe/pymtfinderest/paymentFinderEstimatorPage.jsf?wec-appid=pymtfinderest&wec-locale=en_US#stay) |
|  | If you need financial support you can also   * Call Mob Strong Debt Helpline on **1800 808 488** from 9:30am to 4:30pm if you are a First Nations person   **First Nations peoples** are the Aboriginal and Torres Strait Islander peoples. |
|  |  |
| A person sitting at a table with a computer  Description automatically generated with medium confidence | For more information about First Nations peoples go to [https://www.idmhconnect.health/ first-nations-peoples/ER](https://www.idmhconnect.health/first-nations-peoples/ER) |
|  |  |
| A person sitting at a desk  Description automatically generated with medium confidence | For more information about the Mob Strong Debt Helpline go to <https://financialrights.org.au/mob-strong-debt-help/> |

|  |  |
| --- | --- |
| **Emergency food** | |
|  |  |
| A table full of food  Description automatically generated with medium confidence | There are groups that can help you get food if you cannot afford to buy it.  Some groups can give you food for free. |
|  |  |
| A picture containing person, crowd  Description automatically generated | If you need food you can   * Call the Salvation Army on **13 72 58** * Call the St Vincent de Paul Society on **13 18 12** |
|  |  |
| A person sitting at a desk  Description automatically generated with medium confidence | * Go to <https://askizzy.org.au/> * Go to [https://serviceproviders.dss. gov.au](https://serviceproviders.dss.gov.au) |
|  |  |
|  | There are some tricky words in this Easy Read sheet.  For more information about these words go to  <https://www.idmhconnect.health/word-list> |

Text

Description automatically generated

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| --- | --- |
| A group of men sitting at a table  Description automatically generated with medium confidence | **Who wrote this Easy Read**  Janelle Weise, Claire Eagleson, Jenna Zhao, Tahli Hind, Dominique Abagi and Julian Trollor.  **Where these people work** |
| Text  Description automatically generated | Department of Developmental Disability Neuropsychiatry UNSW Sydney.  Also known as 3DN.  For more information about who wrote this Easy Read go to <https://idmhconnect.health/who-wrote-easy-read> |
| A person smiling for the camera  Description automatically generated with medium confidenceA picture containing qr code  Description automatically generated | The Council for Intellectual Disability reviewed this Easy Read sheet.  The information in this Easy Read sheet is from the <https://idmhconnect.health/> website |
| Two people sitting at a table looking at a card  Description automatically generated with medium confidence | For information on how to support people to use Easy Read go to [https://www.3dn.unsw.edu.au/ professionals\_toolkit](https://www.3dn.unsw.edu.au/professionals_toolkit)  © Department of Developmental Disability Neuropsychiatry UNSW Sydney 27.01.2023 v2  No changes can be made without asking the people who wrote this sheet. |

